

Where can I find more information on my child's asthma?

Organisations and Websites:

Asthma UK:
www.asthma.org.uk

Healthier Together:
<https://what0-18.nhs.uk/professionals/gp-primary-care-staff/safety-netting-documents-parents/asthma-action-plan>

Resources on NHS Choices Website:

Advice about asthma treatment and medications:
<https://www.nhs.uk/conditions/asthma/treatment/>

Living with asthma:
<https://www.nhs.uk/conditions/asthma/living-with/>

Useful videos:

How to use a spacer with a mask for a child:
<https://www.asthma.org.uk/advice/inhaler-videos/facemask-child/>

How to use a spacer with no mask for a child:
<https://www.asthma.org.uk/advice/inhaler-videos/child-no-facemask/>

How to contact us?

Please email:
hct.cypasthmawheeze@nhs.net

Or

Call the Peace Children's Centre:
01923 470680

Or

Community Asthma / Wheeze Nurses:
07799 347637 / 07827 305679.

Where we are based:

Address: Peace Children's Centre
Peace Prospect
Watford
Hertfordshire
WD17 3EW

Website:
<https://www.hctintranet.nhs.uk/our-clinical-services/our-services-for-children-young-people/childrens-specialist-services/integrated-childrens-asthma-and-wheeze-service/>



Integrated Children's Asthma & Wheeze Service



Asthma UK

Who we are?

We are a team of specialist nurses:

Two Community Asthma & Wheeze Nurses based at Peace Children's Centre, Watford.

And

A Respiratory Nurse Specialist based at Watford General.

We offer a Monday- Friday service from 9am – 5pm.



Our Philosophy:

The Specialist Asthma Nurse's Philosophy of Care is to support patients and parents with the long term of management of their asthma / wheeze.

We aim to deliver high quality care to children, young people, and their families in conjunction with other health professions, providing specialist nursing support within the community / clinic settings.

What we do?

- The specialist asthma nurses will provide training and support to local services to support children, young people and their parents/carers to self-manage their asthma or wheeze.

This may include:

- Practice Nurses
 - GPs
 - School Nurses
 - Health Visitors
 - Community Pharmacists
- The nurses will provide a collaborative approach as a community and hospital integrated team.
 - Where appropriate, children can be seen in clinics according to clinical need and this will take place within 4 weeks following accepted referral to the service.

Please see your asthma action plan for specific advice on your medications and what to do in an emergency.

For urgent advice contact 111

In an emergency call 999

How does my child get referred?

Your child can be referred by their GP, Healthcare Professionals, School Nurses or Health Visitors.

If your child has required a hospital admission, the nurse will ensure a referral to our service is completed on discharge.

The Asthma / Wheeze nurses will contact you within 2 working days of receiving the referral, to book your child into a clinic appointment within 4 weeks.

At the review your Nurse will update the personalised asthma / wheeze action plan or create one for you.

We will review the medication including reliever and preventers alongside your child's inhaler technique. The Nurse will assess how attacks are managed at home and school to work with you as a family to improve control of symptoms.

